

## **IZZY DOLL – I travel to you in pockes!**

**I'm just a little soft thing;  
Made with love and care.  
My home will be a boy or girl  
The place is - Everywhere!**

**I bring a smile and comfort,  
When cuddled by a child.  
My payment is the feeling  
When the giver gets a smile.**

**That smile is there for all to see,  
The feeling lives inside;  
A memory of where I came from  
Is shared to you with pride.**



**"To make a memory, you have to be there"**

**Carol Isfeld 12 Jul 1999 Copyright Carol Isfeld. Not to be used for financial gain**

**Sew on Fire Ministries is delighted to deliver these beautiful dolls around the world in our gift bags.**

### **INTRODUCTION TO "IZZY DOLL" ASSEMBLY**

**The doll is made up of a series of "Slinky-like" coils crocheted separately,  
then knitted together solidly to form a body, arms, and legs.**

**A head is crocheted, stuffed with synthetic "Cotton Batting," attached to the main body,  
then a hat is sewn on; either a UN blue beret for the "Boy doll," or pigtails, braided hair etc.,  
and a bonnet or floppy hat for the "Girl doll."**

**Synthetic materials are used to prevent shrinking if doll gets wet.  
The overall size is five to 6 inches in height, and about 4 inches in width, including the arms.**

**A CARD with the picture of Mcpl Mark Isfeld, and a small inscription is attached  
(made from business cards printed on the computer).**

**They are attached to the doll with a piece of string or wool.**

**Your own address etc. can be substituted, we only ask  
that they be given out in the memory of Mark. (And please let us know)**

**"IZZY DOLL", Made for you with love, in memory of MARK ISFELD,  
killed near Kakma, Croatia 21 Jun 1994, removing landmines  
serving with 1 Combat engineer Regiment, Canadian Engineers.  
(Your name and address here, if desired.)**

**Want to know how to send out your dolls?:**

**For information regarding distribution of IZZY DOLLS please  
contact:**

**SHIRLEY O'CONNELL at [soconn37@gmail.com](mailto:soconn37@gmail.com)  
or Tel: (613) 267-3145 Cell: (613) 812-8224**

**They are made small for several reasons:**

**They must be light in weight so the soldier can carry several in his or her  
pocket without problem, and is not burdened with extra weight.**

**They are made without any metal, or plastic, or anything sharp or abrasive  
so as not to injure either the child receiving them, or the person carrying them.**

**By keeping them "on the small side," materials are conserved,  
enabling production of many more with a given amount of material,  
saving time and enabling more children to become recipients.**

**Thus, the basic pattern is a series of coils.**

**Trial and error formulated the original dolls,  
and trial and error will enable you  
to quickly arrive at your own method of assembly.**

**I will write down below the general method I use, attempting to explain it the best way I can.**

**By referring to the attached images, which are images of various steps  
in the assembly, you will be able to make your own "IZZY Doll."**

**Remember that the body, the arms, and the legs are made basically the same way,  
adjusting only the size and colors to arrive at proportions that will end up as the finished  
product.**

### **BODY**

**I like to use variegated synthetic wool to prevent shrinking, using alternate colors for Arms  
and Legs.**

**All measurements are approximate. The body will be about 1 3/4 inch in width, and will be  
about**

**2 1/2 inches in height. I use ordinary synthetic white wool as the starting point, or "base"  
on which to crochet the colored coils. Shown here [Fig01](#) is the last coil  
with the white "base" and the blue portion left to enable sewing it together. (Leave approx. 12  
in)**

**The first coil has only the white "base" wool extended to facilitate binding together.**

**See [Fig02](#)**

**Use hook# 4.5 - 5, and 4 ply wool. Chain 50 - 60. In each Ch., 3 D.C, (double crochet) until last  
Ch.**

**It will curl as you go, so straighten and flatten curls, and coil to form body.  
Curls should be about 1.5 -2 inches across. When coiled you should have 10 - 12 rings.**

Align Ch.'s, sew up and down to secure and compress body, not too tightly, and secure wool at the top.

ALL pieces have wool left long to enable sewing together, and ALL ends are crocheted into work to maintain neatness. After sewing the body, [Fig03](#) you will note that the end [Fig04](#) that you start on forms a slight depression, and this is where I attach the head.

## LEGS

**"ALWAYS LEAVE WOOL TO SEW WITH AT EACH END OF WORK"**

As with the body, but with a different color 4 ply wool, using 4.5 - 5 hook, Ch. 30 - 40.

In each Ch., 3H.D.C -3 times to curl (as body) to last Ch.

Sew to secure, as done with the body. Work should be 10 coils, approx. 3/4 inch across [Fig05](#)

Compress and sew as for the body, leaving lots of wool strands at each end to facilitate sewing together to form the doll. At the point where the "foot" is I put in a little bit of different color wool. For sewing together, I separate strands of 4ply wool and use it.

Attach one leg at a time to the body securely, sewing up and down through the body, tying tightly at the top. When finished both legs (or arms, depending on size) it looks like this

[Fig06](#)

## ARMS

For the arms use a 3 hook and 2ply wool,  
Ch 20 - 30---1SC 3 times in each Ch. Till the last stitch,  
then sew up and down to compress and form the arm.

Arms measure about 1 1/4 to 1 1/2 inch in length  
and 1/2 to 3/4 inch in width after compressed and sewn tight. [Fig06a](#)

Attach each to the body side, and sew up and through the body, securing at the top. [Fig07](#)

You now have a partly completed doll looking like this [Fig08](#)

## HEAD

Basically you make a sphere in which to pack compressed synthetic "cotton batting".

Using 2 ply flesh colored wool and #3 hook,

Ch 5 and join to first Ch to make a circle 2SC in each Ch.

Repeat to keep flat until work measures about 1 inch (3 or 4 rounds)

Continue 1 Sc in each Sc until work measures 2 inches across, keeping it flat, like a little rug.

Start to decrease (2 together) every 4th or 5th Ch slowly;

As work curls down form a circle, decrease until you have a small hole,  
stuff with synthetic batting then sew closed leaving wool ends to attach to body.

Head should be about 2 inches in diameter. [Fig09](#) , [Fig09a](#)

Attach the stuffed head to the body top, sewing in and out through the top,  
hiding the stitches and securing tightly. It now looks like this [Fig10](#)

For the girl dolls, using bright yellow 4 ply wool,

make braids by assembling from 7 inch lengths of wool (12 in all)  
and make three strands using four lengths in each. [Fig11](#)

Gather at the center, leaving lengths of wool to attach to head, braid down each side,  
add little pieces to make bangs or curls, and attach to the side of the head forming the pigtail,  
or braids. Your finished braids will look like this [Fig11a](#), [Fig11b](#)

### HATS [Fig12](#)

Using 2 ply med. blue wool and #3 hook chain 5 to join to first Sc to make a circle  
as you did for the head, increasing once each row until it measures about 2 ½ inches.

It will start to curl down.

About 12 rounds from the start and 1 inch deep, continue Sc in each Sc  
until work is about 1 ½ in deep, and you have decreased enough to fit the head.  
Now change and add black wool for the band, leaving ample to sew the hat to the head. [Fig12a](#)  
Using gold wool, embroider a small circle to simulate the UN hat badge as per this image.

### [Fig12b](#)

Now attach to head, Pull the right side down and secure to the side of the head. [Fig12c](#)

### Girl's hat

Can be made as per image here, [Fig13](#)  
or get any small hat pattern from a craft book, or make up your own!  
Use gaily colored wool, and attach with experimentation - you can make a bonnet, or a floppy  
hat or anything!

Attach this over the head and the braids, sew securely to the head,  
and you have a completed doll like these. [Fig14](#) , [Fig15](#)

Any questions or suggestions just email to "isfield@telus.net".

Following is the knitted pattern, compliments of Shirley O'Connell

Order of the Eastern Star, Ontario

### IZZY DOLL KNITTED PATTERN

"Izzy Dolls are copyrighted and cannot be used for financial gains."

(Finished height should be approximately 5 to 6 inches)

**You need:** Small quantities of sayelle, sports weight or similar weight yarn. If using heavier yarn such as 4 ply, knit fewer rows. 1 pair 3.00 mm (# 12) needles. Polyester fiberfill for stuffing. Embroidery floss for face.

**To make:** General Instructions - You can work in stocking stitch (knit one row, purl one row) throughout or you can knit every row for the pants and change to stocking stitch for the remaining rows.  
Cast on 32 stitches

Work 4 rows for feet in stocking stitch. Change colour of yarn.

**Work 14 to 16 rows for pants in stocking stitch or knit. Change colour of yarn.**

**Work 12 to 14 rows for sweater in stocking stitch. Change colour of yarn.**

**Work 8 rows for face in stocking stitch. Change colour of yarn.**

**Work the next 11 rows for hat as follows:**

**Rows 1 to 4 Work evenly in stocking stitch.**

**Row 5 Dec. 5 sts evenly across row: K3, K2tog; (K4, K2tog) 4 times**

**Knit to the end (27 stitches)**

**Rows 6, 8, 10 Purl**

**Row 7 Dec. 5 sts evenly across row: K 2, K2tog; (K3, K2tog) 4 times**

**Knit to the end (22 stitches)**

**Row 9 Dec. 5 sts evenly across row: (K2, K2tog) across the row**

**(17 stitches)**

**Row 11 (K1, K2tog) 9 times: K2tog. Draw yarn through remaining sts.**

**(You can continue with face colour for these 11 rows if you want to make a hat separately and sew it on afterwards, or if you want to add hair. For hair, cut 10 cm (4”) lengths of yarn. Attach hair to head as follows: With 2 strands together, fold in half to form a loop. Insert, crochet hook into a stitch on head, pull hair loop through stitch, then pull yarn ends through loop. Fluff out hair and trim as desired.)**

**To finish: (1) Sew sides together to form a center back seam. (2) Stuff head. Weave a single strand of matching yarn across the first face row. Draw up to form neck and tie tightly. (3) With matching yarn, define arms by sewing small backstitches through both layers from waist to 3 rows below neckline and then stuffs. (4) Define legs in same manner with small backstitches down the middle from bottom edge to just below waistline and then stuff. Sew up bottom edge. With matching yarn, weave a single strand around the waist and gather in slightly to form a waist. Repeat around the top row of the feet to form ankles. (5) Using 3 strands of floss, embroider eyes and mouth on face.**

Notes: You can also make the illusion of hands as follows: Knit 14 rows for pants. Next row: K9 **sts** for pants, K3 in flesh tone (or whatever **colour** you are using for face), K8 for pants, K3 in flesh tone, K9 for pants. Next row: K8 for pants, P4 in flesh tone, K8 for pants, P4 in flesh tone, K8 for pants. Next row (changing to sweater **colour**), K8 for sweater, K4 in flesh tone, K8 for sweater, K4 in flesh tone, K8 for sweater. Next row: P8 for sweater, P4 in flesh tone, P8 for sweater, P4 in flesh tone, P8 for sweater. Continue stocking stitch for sweater for 12 more rows. These suggestions are just to let you know that wherever your talents and imagination take you, each doll you make will be wonderful and unique, and a little child somewhere around the world will love it.

**Do you have any questions?**

Please email us: [info@sewonfire.com](mailto:info@sewonfire.com)

**Please mail them to:**

Sew On Fire  
240 Applevale Court  
Burlington, Ontario L7L 2B9  
Canada

**OR**

**Drop them off at the SOF:**

Sew on Fire  
975 Fraser Drive, Unit 6 – 7  
Burlington, Ontario L7L 4X8  
Canada

